



*I hope this edition of our e-newsletter finds you doing well and recovered from the recent snowfall and back to enjoying spring blossoms and longer light-filled days. We are so appreciative of your ongoing support and we hope you enjoy our current e-newsletter with highlights of how our community and healthcare teams are ensuring great care, close to home.*

*Sincerely,*

*Jess*

*Jessica Aldred, Executive Director*




## **True Doors Project for Long-Term Care**

We are thrilled to announce support for The True Doors Project at Cumberland Lodge, Glacier View Lodge and The Views at St. Joseph's. In February we received a generous donation from the Realtors at Ocean Pacific Realty, matched by Broker/Owner Dave Procter to support a True Door Project for residents at Cumberland Lodge. Building on these gifts, in honour of International Women's Day, local realtors Michele Courtney, Ronni Lister and Tracy Fogtmann generously gave to bring the True Doors project to The Views, and expand it at Glacier View Lodge.

This funding will purchase door covers that mimic a real house door for residents' rooms. The door cover might trigger fond memories of the home they grew up in, or a door similar to the home in which they raised their family, or even a favourite place they stayed on holiday. For patients with dementia, these unique door stickers will create more independence in helping them more easily identify which room is theirs, increased privacy for residents with a reduction of fellow neighbours mistakenly entering incorrect rooms, while also contributing to a neighbourhood feeling at all 3 non-profit long-term care homes in our community.

## Dr. Tom Deans presents **Willing Wisdom**

Sponsored by Lara Austin, Senior Portfolio Manager and Wealth Advisor with RBC Dominion Securities

 April 27, 10:30 AM - 12:00 PM

 Stan Hagen Theatre, NIC

 Free Event, Registration Required



### Please Join Us - April 27th!

We would love to host you at a presentation by Dr. Tom Deans, a *New York Times*' top-ten author, as he delivers his entertaining and educational ***Willing Wisdom*** keynote speech on **Wednesday, April 27 from 10:30am-12:00 noon at the Stan Hagen Theatre**, North Island College.

Deans' entertaining presentation style offers attendees practical ideas to help demystify estate planning with the view of building purposeful and intentional legacies. He believes that when families talk openly and honestly about their estate plans, they can bring clarity to their own late-in-life care and help prepare the next generation to form healthy attitudes towards wealth.

Dr. Deans' message is especially relevant given that every day \$205 million is inherited by Canadians. We are witnessing the greatest inter-generational wealth transfer, yet Canadians are writing fewer and fewer wills and for those who do have wills, an increasing number are outdated.

Deans seeks to reverse this trend by sharing **7 Questions that Successful Families Ask**. Prepare to unlearn everything you thought you knew about estate planning as this award-winning speaker challenges and inspires his audience to begin some of the most fascinating and important family conversations of a lifetime.

The workshop is **free to attend, but registration is required**. Limited seating will be available, and all health protocols will be followed. Please register by visiting the registration link below or by calling our office at 250-331-5957.

This event is jointly presented by the Comox Valley Healthcare Foundation and the Comox Valley Community Foundation and hosted by North Island College Foundation. It is generously sponsored by Lara Austin, Senior Portfolio Manager and Wealth Advisor with RBC Dominion Securities.

Also, mark your calendars for **Thursday, May 26**, when Suzanne Grant, a lawyer specializing in wills, estates and trusts with Swift Datto, and Rob Mulrooney, Senior Investment Advisor with Mindset Wealth, will speak about what estate planning should look like in your 30s and 40s. This event will be held at 40 Knots Winery with further details to come.

[Register for April 27](#)



## Remembering Mamie Aitken

Bequests made to the Comox Valley Healthcare Foundation have an enduring impact on our community. We are honoured to be part of Mamie Aitken's ongoing legacy of care.

Stories told about the full life of Catherine Mary Aitken shine with vibrancy and community-spirit. Her formal name is rarely used, instead she is affectionately called Mamie. Anecdotes describe Mamie's close relationship with her sister, Cherry; her love of dancing the waltz and the foxtrot with her dear friend, John; her jelly roll fame at the Comox Valley Fall Fair (1<sup>st</sup> prize for 14 years in a row); the joy she got from sewing, cooking, golfing, and skiing at Forbidden Plateau; and her passion for the well-being of other women through her dedication to the Soroptimist International of Courtenay Club. The backdrop for all these stories is the Comox Valley, where her parents settled in 1912, where Mamie was born back in the summer of 1922, and where her legacy lives on today.

Through the bequest she left our community, Mamie's stories continue to shine whether they be about support for the elderly, elevating local healthcare, compassion for palliative patients, empowering students, or uplifting the important work of local non-profits.

At the Foundation, we remember Mamie and honour her tremendous legacy that benefits local healthcare for decades to come.

If you would like more information on making a future gift through your estate, please click on the link below or call Jessica at 250.331.5957.

[Learn More](#)



## Friday, June 24th

Mark your calendars – We are excited to announce that the Comox Valley Healthcare Foundation Golf Classic, sponsored by RE/MAX Ocean Pacific Realty will be back on June 24, 2022 at Crown Isle Resort & Golf Community. Expect a fantastic day



## Your Impact

Raising funds is only part of what the Foundation does. An essential part of our role involves ensuring you know how your donations are improving healthcare in our community. We are pleased to share with

filled with fun, friends, and food while  
supporting healthcare!

We look forward to sharing more details  
soon!

you our most recent Impact Report,  
highlighting some of the ways donations are  
at work, ensuring the best possible care,  
right here, close to home.

[View Impact Report](#)

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**Great Care. Close to Home.**

250.331.5957



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