



COMOX VALLEY HEALTHCARE FOUNDATION



YOU CAN DOUBLE THE FUNDING!

The Conconi Family Foundation will match each gift made towards The Views Rebuild, up to \$500,000.

Lately, I have been thinking about home and how home looks different at different stages of life. For my daughter, home is with her father and I here in Comox. It won't always be. For my 80-year-old mother who is now a widow, home is the house my parents moved into to enjoy in retirement. I recently met a Comox family whose journey of homes—and being supported through life's twists and turns—has touched me. With their permission, I'd like to share parts of their story with you.

Maybe you too, will see yourself or a loved one in their story and be inspired to give.

Ed is the picture of how many, likely all of us, would like to age and grow old. He is 91 years old. He is spry, a familiar face at Comox Golf Course. His mind is sharp, and he spends time with friends and family doing things he enjoys like playing cribbage, carpet bowling, and walking. He lives independently here in Comox. For Norma, Ed's wife of almost 70 years, the senior years have unfolded entirely differently. Nine years ago, she started showing symptoms of Alzheimer's. Her home is now at The Views at St Joseph's, a long-term care home where she receives the tender love and care she and her family need.

The years between Norma's diagnosis and her move to The Views were extremely difficult for everyone involved. Now, when Ed and Norma's daughter, Glenna, visit, they often find Norma dancing, listening to music and sometimes helping in the kitchen, which has always been a happy place for her. Norma is safe and comfortable.

That means at the end of the day, when she goes to bed happy, they can too.

The Views is one of three not-for-profit long-term care homes in the area for which Comox Valley Healthcare Foundation raises funds. These funds are more important than ever as our community's population grows, and people are living longer.

Having access to great care at a local long-term care home changed everything for Ed, Norma, and their family. If you look, you'll find that The Views reflects a caring community. Donations fund things that bring joy, like music therapy, and big things that advance care, like new buildings and research, to ensure continuous learning and improvements to how care is delivered.

By giving today you are ensuring there is quality long-term care available close to home in the future. At the Foundation, we know that **great care is something we can give and receive**. None of us know what home might look like for us down the road. Ed and Norma certainly couldn't have guessed they would be someday living apart.

Thank you for your generous support of healthcare and for your consideration of our request to help fund this exciting opportunity that will be life-changing for many people. You will help Ed, Norma, and their family, while supporting our efforts to give everyone the home they deserve.

Every donation counts. Please take a moment to complete the enclosed form and give generously.

Your gift today to The Views rebuild, will be matched dollar-for-dollar by the Conconi Family Foundation.

Our deepest appreciation to Norma, Ed, and their daughter Glenna for sharing their story with us. They remind us that home is more than four walls. It is the comfort of knowing you and your loved ones are cared for, happy, and secure.

I am so grateful to live in this community. **There truly is no place like home.**

With your support, Comox Valley will be a leader in long-term care. Through your gift, you can influence the care available for you and your loved ones as we all age and grow older in our community.

Sincerely,

Jessica Aldred
Executive Director

P.S. Click [here](#) to read an important note from our Foundation Board President Bill Anglin about the rebuild of The Views, to be named Together By The Sea, and this exciting opportunity to have your donation matched, dollar-for-dollar.

Donate Now & Double Your Gift

A note for you from Ed



I know firsthand that great long-term care close to home matters.

So when our daughter Glenna and I were asked to share our family's story with you, we were happy to say yes.

What can I say about my wife Norma? After almost 70 years of marriage, three children, three grandchildren, and three great-grandchildren, we have many stories to share. We started our life together in Saskatchewan. Norma grew up in a large family on a farm. She often spoke of skiing behind the horses in winter and she chuckled when her brother, Harold, lightheartedly complained that he'd always had to ride and never got to ski. It was a happy childhood filled with family, hard work and fun.

Norma and I met when we were young, and we built a good life together. I was a teacher and then a school administrator. Norma loved to sew, crochet, knit, and after running a fabric store in Humboldt with her sister, her love for small children took her to managing a daycare. She worked as an early childhood educator for many years.

Our retirement started out with us golfing, playing shuffleboard, time with loved ones, and spending a glorious twenty winters in Yuma, Arizona. Like most people, probably just like you, we had planned for that to continue.

There had been signs of Alzheimer's for a few years. Our children noticed, but we adjusted and made it work. The year before Norma moved into The Views was the most difficult. She was anxious, confused and she couldn't be left alone. She was up throughout the night and needed professional 24-hour care. I wanted the best for Norma, and I realized that meant that home would be in long-term care.

At first, Norma went into private care in another town. It was a long way from home, from her family, from her doctors, and it was expensive. When Norma moved into the Oceanview floor at The Views nine months later, it was wonderful to have her living near me in Comox.

She is now getting the care and help she needs, close to home, surrounded by the beautiful mountain and sea vistas she loves. We have more time together. We walk on sunny days and on rainy days we can enjoy the indoor garden and window seating. She gets to dance and sing, as she always loves to do, and she scoots the staff out of the communal kitchen so she can tidy.

Our daughter Glenna lives in Comox with her family and she visits her mom throughout each week. Sometimes on a visit, Glenna stands back and observes from a distance because Norma is so happy and involved in her music or dancing that she doesn't want to interrupt. At The Views, Norma can watch and hear the children playing through her window at the on-site daycare and it brings her such joy.

My family and I are glad to be part of this community and I encourage you to support the Comox Valley Healthcare Foundation to build and enhance our long term care homes for the future. We are so grateful for the care Norma is receiving. Having her happy, safe and well cared for in her new home is everything to us.

With sincere gratitude,
Ed

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Great Care. Close to Home.

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